

My Personal Medication Record

Your physicians play a vital role in your care and it is important to share your complete medical history with them. In order to be best prepared, fill out this form and carry it with you. Use it to keep track of your personal medical history, prescriptions, allergies, emergency contacts and the contact information for your primary and secondary physicians.

My Personal Information	My Primary Physician
Name:	
Date of Birth:	
Address:	
	My Other Physicians
Phone:	
Email:	



My Allergies	My Medical Conditions				
My Emergency Contact	My Pharmacy				
Name:	Name:				
Address:	Address:				
Relationship:	Phone:				
Phone:	Email:				



Your Medications and Anesthesia

Before any surgical procedure, it's important that your anesthesiologist knows what medications and other substances you take that may interact with the anesthetics. Your physician will use that information to manage your care accordingly. In particular, be sure to tell your surgical care team if you regularly take any of the following:

Aspirin	Antibiotics
Blood pressure medication	Asthma medication
Heart medication	Alcohol
Anticoagulants/blood thinners	Tobacco
Antidepressants	Dietary supplements
NSAIDs (such as Advil or ibuprofen)	Herbal medicines & supplements

Diabetes medicine



My Daily Medications

It is important to share what medications you are taking with your physician. In this chart, be sure to include all of your prescription drugs, over-the-counter medications, vitamins and herbal supplements in this chart.

Medication	Dosage	Frequency	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.	Notes

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